

Battling Depression with the Lord

June 12, 2022

Job 1:1, *“Job was blameless, upright, fearing God and turning away from evil.”*

Job 6:8-9, *“Oh, that I might have my request, that God would grant my desire. ⁹ I wish he would crush me. I wish he would reach out his hand and kill me.”* (NLT)

Job 7:3-4, *“I, too, have been assigned months of futility, long and weary nights of misery. ⁴ Lying in bed, I think, ‘When will it be morning?’ But the night drags on, and I toss till dawn.”* (NLT)

Job 16:16, *“My face is flushed from weeping, and deep darkness is on my eyelids.”*

Job 1:21, *“I came naked from my mother’s womb, and I will be naked when I leave. The Lord gave me what I had, and the Lord has taken it away. Praise the name of the Lord!”*

**Job battled depression by focusing on the good that the Lord had given him.
In the end he won the war and was greatly blessed by the Lord.**

David waged war against Satan through trusting in the Lord to see him through.

Psalm 42:3, *“My tears have been my food day and night, while they say to me all day long, ‘Where is your God?’”*

1 Samuel 30:6, *“Moreover David was greatly distressed because the people spoke of stoning him, for all the people were embittered, each one because of his sons and his daughters.”*

Galatians 6:9, *“Let us not lose heart in doing good, for in due time we will reap if we do not grow weary.”*

Proverbs 3:25-26, *“Do not be afraid of sudden fear nor of the onslaught of the wicked when it comes; ²⁶ For the Lord will be your confidence.”*

Psalm 34:4, *“I sought the Lord, and He answered me, and delivered me from all my fears.”*

Ephesians 6:10-11, *“Be strong in the Lord and in the strength of His might. ¹¹ Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil.”*

1 Peter 5:8, *“Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.”*

Ephesians 6:12, *“For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.”*

2 Corinthians 4:16-18, *“We do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day. ¹⁷ For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison, ¹⁸ while we look not at the things which are seen, but at the things which are not seen; for the things which are seen are temporal, but the things which are not seen are eternal.”*

Isaiah 40:29, *“God gives strength to the weary, and to him who lacks might He increases power.”*

1 Peter 5:6, *“God cares for you.”*

Psalms 55:22, *“Cast your burden upon the Lord and He will sustain you; He will never allow the righteous to be shaken.”*

Psalms 40:1-3, *“I waited patiently for the Lord; he turned to me and heard my cry. ² He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand. ³ He put a new song in my mouth, a hymn of praise to our God.”*